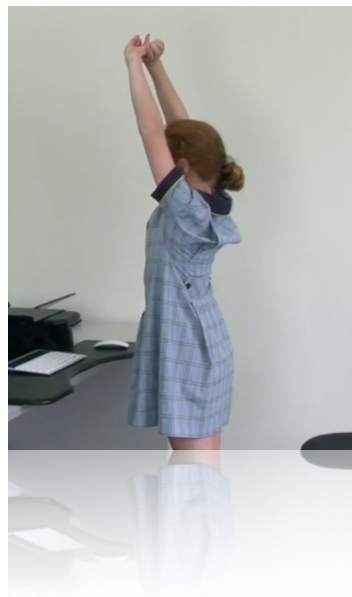


SMART HEALTH SCHOOL PROGRAM

STRETCHES

Arms Up



Stretch
arms up for
10 seconds



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